



# BROCHURE

*Exchange Program in Ireland*  
*2026*

*Together,  
we make it happen.*

# Welcome to ICOT College & Ireland!



01. ALLOW YOURSELF TO LIVE ABROAD AND DISCOVER A NEW WORLD.
02. YOUR FUTURE CLASSROOM COLLEAGUES ARE FROM ALL AROUND THE WORLD!
03. WHO WE ARE WHY WE TEACH TEACHING METHODS
04. GENERAL ENGLISH GENERAL ENGLISH + IELTS PREPARATION
05. DUBLIN - BAILE ATHA CLIATH CORK - CORCAIGH
06. ACCREDITATIONS & CERTIFICATIONS
07. THE ICOT STUDENT PORTAL
08. HEALTH INSURANCE ACCOMMODATION STUDENT SUPPORT FOR YOUR DAILY NEEDS
09. MEET THE TEAM
10. ABOUT IRELAND WEATHER CURIOSITIES
11. ABOUT DUBLIN ENTERTAINMENT TRANSPORT
- 12.
14. ABOUT CORK ENTERTAINMENT TRANSPORT GETTING AROUND CORK

# ALLOW YOURSELF TO LIVE ABROAD AND DISCOVER A NEW WORLD.

Our 15 years of experience have allowed us to enhance our quality and teaching methods. ICOT's methodology focuses on increasing your English proficiency, such as grammar and writing, vocabulary and speaking. You will be able to make the most of your experience while living abroad and have a great student experience during your exchange program.

We provide an environment which is safe, supportive and nurturing, by creating genuine relationships with our students where learning and speaking English become the norm.

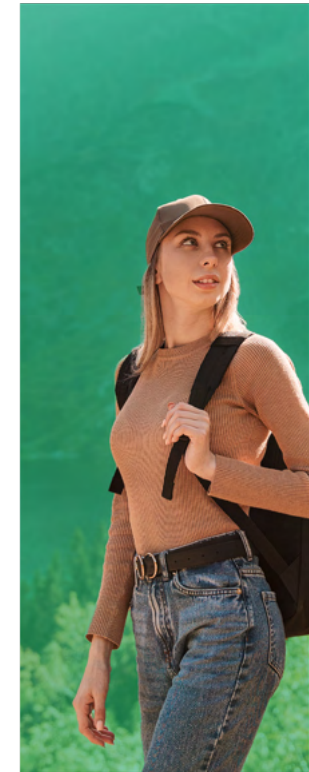
We employ different teaching approaches to help our students grasp the language so that they can use it in their daily life here. When possible, we try to expose them to different accents and dialects so that they become more proficient in the global English community.



**Grow in confidence**



**build real and lasting relationships**



**Become culturally aware**

**Our educational Philosophy is to provide a space for our students in which to: grow in confidence, become culturally aware and build real and lasting relationships.**

Facing a new culture can be challenging, so ICOT College will help you to keep your mind on track with our student support group. We assist our students with daily English tips, bank documents, cultural events and professional orientation.

With our student support, you can focus on improving your English with practical activities, finding a new job, making friends and giving some tips on how to find accommodation.

# Your future classroom colleagues are from all around the world!

Students from **all over the world with mixed cultural backgrounds**, such as Japan, Brazil, Mongolia, Argentina, China, Mexico, Botswana, South Korea, Turkey, Chile and many more, come to ICOT College.

You will have a unique experience with different cultures in your classroom and get to know different cultures. **When exposed to many different accents, you will also learn to adapt your listening skills**, which are essential when travelling to other countries.



# What our students think about us



I chose ICOT College because it gave me the opportunity to meet amazing friends from around the world. The administrative staff is friendly and helpful, and the school's location is very convenient. I decided to come to Ireland to improve my English skills, learn more about Irish culture, and experience living in a multicultural environment. My experience in Ireland has been fantastic. I've made friends from all over the world, traveled to new cities, and explored diverse cultures. The program has helped me grow personally by pushing me beyond my comfort zone. It's been a challenge to navigate a new city, find a place to stay, and complete all the required procedures, but each step has been rewarding. A positive attitude is key in every situation. Don't be afraid to speak up and challenge yourself to try things you wouldn't normally do.

**Andrea Paredes**  
**Mexico**



I had one of the best experiences of my life in ICOT College Cork!!! I had an opportunity to know people from all around the world and I learnt a lot from the classes! That is why I decided to renew my course with ICOT for a second year. By the way, Cork is a very offering city for students. I am so happy to choose Cork City and ICOT College. The teachers and the staff are a huge help in my adaptation to the city as well as in learning English and the school amenities are in great condition. I would like to give a special greeting to my teachers, I love you all! Thanks for everything!

**Damla Hanoglu**  
**Turkey**



Doing an exchange program was one of the best choices I've ever made. Thank you, ICOT College, for the help and support of all employees. The whole process became lighter! I take in my heart all the friends and professors I met on this incredible journey. I love Cork!

**Ivanize Omena dos Santos**  
**Brazil**

## Who we are

ICOT College has been in the market since 2010. Our team, including teachers, student support, and communication and receptionists, are from different countries, which brings more expertise, and understanding to the student's needs.

We can speak your mother tongue so you can feel comfortable, and we can understand your needs during challenging times.

We have two campuses in Ireland's most important cities: Dublin and Cork.

You might also call Ireland the Emerald Isle due to its green countryside. Ireland has the most significant green space to the longest defined coastal touring route in the world and is a country brimming with fun and fascinating ways to spend your program exchange.

## Why we teach

We believe that studying abroad can change one's life forever.

We teach with practice in a multicultural environment.

Trusted by our accreditations we share knowledge and opportunities with our students.

We understand the importance of the English language in our students future.

We help them to prepare for the world.

## Teaching methods

At ICOT, we employ different teaching methodologies, all learner-centred, to allow for maximum language assimilation. We plan our classes based on the needs of our students **and aim to develop an atmosphere** of learning using a communicative and collaborative methodology.

Our classes are interactive, where students work together to develop their reading, writing, speaking and listening skills. It is essential to incorporate 21st-century skills to aid in student development. Hence, we foster an environment of innovative thinking through think-pair-share activities, peer-teaching and debate to inspire confidence and aid in fluency.

On your first day at ICOT College, there is a placement test to check your level of English, so you can start in a proper classroom to improve your English. After that, you will receive induction material in your mother tongue that will guide you through your period with us.

## Extra activities

We provide extracurricular activities such as CV Classes, conversation classes, other language classes, TIE preparation classes and much more. All the extra activities are free and aim to improve your experience with us **and allow you to practise English as much as possible.**

# GENERAL ENGLISH

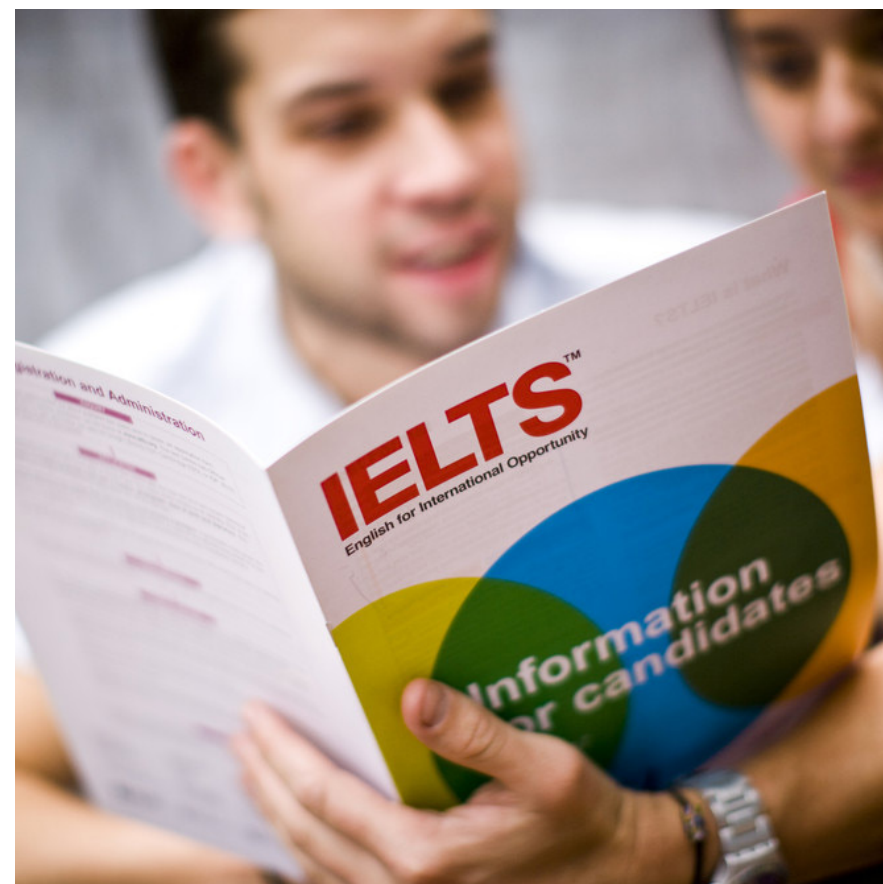
When you arrive in Ireland and at ICOT College, you will take a placement test to start your class. All the classes start every Monday.

There is no time limit on how long you should stay in a level, your teacher will be closely monitoring your progress and once you are ready, you will be advanced to the next level.

When you start a new level, you should be ready to move up after approximately 12 weeks, depending on your development. All the teachers make a weekly progress test and observe you during the classes to help you develop your skills.

The General English course, providing practical exercises in the classroom, will assist you with the following:

- ✓ Develop your reading, writing, listening and speaking using a method that is student centred
- ✓ Improve your communication skills to communicate effectively both in and outside the classroom
- ✓ Expand your knowledge and understanding of English grammar and use it correctly daily
- ✓ Grow your vocabulary with practical applications.



<p><b>Duration</b></p> <p><b>1 to 25 weeks</b> (15 hours per week)</p> <p><b>Class size</b></p> <p><b>Maximum 15 students per class</b></p>	<p><b>Age</b></p> <p>The minimum age for starting the class is 18+ years old</p> <p><b>Start date</b></p> <p><b>Every Monday</b> (except holidays)</p>
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## Timetable

<p><b>Monday to Friday</b></p> <p><b>Morning</b></p> <p>General english</p> <p><b>9:00 am - 12:15 pm</b></p> <p>Break</p> <p><b>10:30 am - 10:45 am</b></p>	<p><b>Monday to Thursday</b></p> <p><b>Afternoon</b></p> <p>General english</p> <p><b>1:00 pm - 5:00 pm</b></p> <p>Break</p> <p><b>3:00 pm - 3:15 pm</b></p>
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## GENERAL ENGLISH + IELTS preparation

The International English Language Testing System (IELTS) is a certification made through a test accepted as evidence of English language proficiency by over 9,000 organisations worldwide.

In our General Training, you will be able to work and focus on your reading, writing, listening and speaking skills to succeed in your test and achieve a higher score for your level.

<p><b>Duration</b></p> <p><b>25 weeks</b> general training</p> <p><b>Minimum level required</b></p> <p><b>C1</b></p>
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## Our campuses

# DUBLIN - Baile atha cliath

Ireland is one of Europe's most prosperous countries in Europe, and Dublin is located in the province of Leinster on the east coast of the country.

During your journey, it has much to offer you, such as cultural festivals, shows, art galleries, and museums. Also, as Dublin is economically growing, it is an excellent place to offer you career opportunities.



Our main campus is in the city's heart, in front of O'Connell Bridge and with a Luas stop right in front of the school, which means that you are very close to the city centre and have plenty of public transport around you. We also have other buildings located in the city centre.

The Temple bar area is just five minutes walk from our campus. We have great curiosities about Dublin and Ireland to share with you in our "About Ireland" section.

Don't miss it!

## location is everything

# CORK - Corcaigh

Cork is a city in southwest Ireland, in the province of Munster, and is the second largest city in Ireland.

You certainly will find great historical spots all around Cork. Close to ICOT Cork's campus, you can walk through Barrack's Street which is known for the Viking's landing before they went to a marshy island.

You can do almost everything by walking or cycling, without needing public transport or spending stressful hours in traffic. Also, with the lower cost of living than in Dublin, you can save on accommodation, food market and leisure.



The job market is very attractive as you will find a large industrial hub with several multinationals such as Amazon, Johnson and Johnson, Apple, PepsiCo, and Motorola, among others.

The city offers an excellent quality of life for its residents with many parks where you can spend a lovely day or work out, gyms, castles, churches, museums, shopping malls, theatres, pubs, and restaurants.

You will also find great universities that welcome many students of different nationalities. With a population young and cosmopolitan, Cork is well known for welcoming its various communities such as the LGBTQ+ community, Polish, Chinese and Ukrainian communities.

ICOT College Cork is also located in the city's heart, opposite two main streets, Grand Parade and South Mall. Our structure has three buildings for our students with large classrooms, a lunch area and a library.

You can visit the world-famous English Market, which is a 3-minute walk from the College and way more places just around the corner.



# ACCREDITATIONS & CERTIFICATIONS



Our partnership with Academy Plus supports all non-EEA (non-European) students travelling to Ireland in case of any accident or illness. It also meets the needs of students attending educational institutions that do not have financial support from the Irish state. In Ireland, it is a legal obligation to hold this insurance.



Trinity qualifications help equip people with the transferable language skills they need for the 21st century. Trinity's Integrated Skills in English (ISE) exam is recognised across all higher education institutions in the Republic of Ireland as evidence of English language proficiency.

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ELT Ireland is a network for professionals involved in all aspects of English Language Teaching that promotes learning, development and best practice through sharing knowledge and experiences.

The purpose of ELT Ireland is to establish a network of teachers, supervisors, managers, and researchers committed to improving teaching in English as a Foreign or Second Language in Ireland.



The TIE exam is intended for all students following a long or short course in many different schools. It is for students above the age of 18.

The TIE is a student-focused exam which allows the students to express themselves regardless of language proficiency or cultural background by making their interests a part of its test.



The fact that a provider and courses listed on the ILEP means that per Ireland's student immigration policy, attendance at that college in respect of one of their listed full-time courses on the ILEP is an eligible purpose for a non-European national coming to Ireland.

To receive the ILEP accreditation, the institution meets specific criteria, including the mandatory provision of learner protection for enrolled non-European students.



Progressive College Network  
Advancement Through Excellence

ICOT College is part of the Progressive College Network.

This formed organisation meets the demand for an alternate representative body for the private college community in Ireland to promote a high-quality education destination to the country.

# HEALTH INSURANCE

All non-EU students are required to have private health insurance to be able to get their Study Visas.

If it's your case and you do not have current Health Insurance arrangements, ICOT College can arrange student medical coverage with

Academic Plus. These policies cover emergency medical, travel, and repatriation expenses and comply with applicable visa regulations.



# STUDENT SUPPORT FOR YOUR DAILY NEEDS

Our Student Support team is focused on assisting you during your whole experience abroad while studying at ICOT College. If you have doubts about the visa process, bank details or the best websites to look for accommodation, you can always contact us.



# ACCOMMODATION

It is important to have accommodation set before arriving in Ireland and while you are studying with us. Choosing where you live can also help you to have a more incredible experience in Ireland.

If you need support with that, ICOT College offers different types of accommodation options to suit your lifestyle, budget and needs.

We can also provide relevant information about the current situation in Ireland and tips on finding proper accommodation during your first steps.

# STUDENT SUPPORT FOR YOUR CV

You will have so much to do while settling into your new life in Ireland.

To facilitate your process, **we have student support for your CV that will help you organise it to the European standard and also support you in transforming your experience into abilities** employers in Ireland consider the most.

The CV class is ideal for General English students, as the classes and instructions are easy to understand and engaging by the instructors and participants.

Our student advisor, Charles Cordeiro, has about ten years of experience in Business Management in Ireland, responsible for Staff Training and Recruitment.

Holding a Major Award in Business Management and Honours Degree in Pharmaceutical Business Operations from Griffith College Dublin.

Contact: [studentsupport@icot.ie](mailto:studentsupport@icot.ie)

# Airport pick-up Service

We can arrange a pick-up service to bring you from the Airport to your designated accommodation safely and comfortably.



# MEET THE TEAM



“We here at ICOT understand the opportunities, excitement, challenges and concerns of international students arriving in Ireland for the first time, which is why we have a multi-lingual team dedicated to ensuring that all students have the best possible experience during their time with us.

We are proud of the friendly and efficient way in which our Teaching and administrative staff can help our students achieve their academic goals and also make them feel comfortable during their time with us. Looking forward to meeting you

– Cead mile a failte!”

**THERESE MCDONAGH**  
DIRECTOR OF STUDIES,  
DUBLIN



“Studying abroad is one of the most rewarding experiences you will ever have, and we are pleased that you have chosen ICOT to be part of your journey.

Not only will you improve your English language skills, but you will meet lots of new people and discover things about yourself that you never knew existed.

You will learn to appreciate those rainy days when you see how green the land is because of it, and you will have the whole island, and in fact, the whole of Europe, at your doorstep to explore.”

**KAREN BONNER**  
DIRECTOR OF STUDIES CORK



“After teaching in ICOT for three years, I can say that I could not ask for a better school to teach and maximise my potential. ICOT cares about meeting the overall needs of its teachers, thus providing support to all its students as well. This way, our students will not only learn English but will also have an opportunity to try different activities, explore Dublin and Ireland, and meet amazing people around the world.”

**IVANA PETROVIC**  
ASSISTANT DIRECTOR OF  
STUDENTS - DUBLIN



“Welcome to ICOT! Thank you for choosing us as part of your experience. An exchange adds a new chapter in your life in which you will be able to improve not only your English but also your cultural knowledge by taking part in this friendly Irish community and being able to meet people from around the world.”

**RAQUEL GALANTE**  
ASSISTANT DIRECTOR  
OF STUDIES - CORK

## ABOUT IRELAND WEATHER

Ireland has a mild, temperate climate. Although it's rainy sometimes, you must prepare good sneakers to walk around and discover the city. In most places, you can go on foot or by bike; comfortable sneakers will help you discover this fantastic city.

You will also need a good and comfortable sweater to protect you from the cold and wind during the winter, and remember to pack your favourite outfits to wear during summer and important events.

During Winter, usually between November and February - the average temperatures vary between 8°C and 4°C, the weather is humid, and the days are cloudy. In summer, between May and July - the days are hot and very long, with some days having sunset after 10 pm!

This time of year is excellent for cultural and historical tours, such as castles, museums and pubs! This is also the peak season for tourists, festivals, and events.



## CURIOSITIES

The Titanic was built in Belfast, Northern Ireland. You can visit the place where on a short trip from Ireland.



Star Wars - Episode VII; Braveheart; Saving Private Ryan.



A lot of episodes in Game of Thrones were filmed in Ireland. Winterfell, for example, is set in Northern Ireland, and so are The Iron Islands and Westeros too.



Although set in Scotland, most of the battle scenes in the 1995 film Braveheart were filmed in Ireland.



Harry Potter and the Half-Blood Prince; Lassie, King Arthur; The Italian Job, The Princess Bride; Excalibur; The Tudors.



Halloween traces back to the Gaelic festival of Samhain, a harvest festival held on 31 October to mark the end of summer.

Samhain became associated with All Saints (1 November) in the early Middle Ages, and the two progressively merged over the centuries, creating Halloween.



The story of the world-famous vampire Count Dracula was written in 1897 by Bram Stoker from Dublin.

His real-life inspiration for his character was a friend of his, the actor Sir Henry Irving.

Count Dracula was the culmination of 20 years of vampire stories in Victorian literature.

## ABOUT DUBLIN

# ENTERTAINMENT

You can explore Dublin's hidden secrets by walking or public transport. The city has many attractions to offer, and you will be able to find exciting entertainment to go to. On every corner, you can find an interesting thing about the city: you can choose one of the numerous parks to spend the day in, visit a museum or go to one of the many pubs that offer a great beer selection for all kinds of taste buds.

Not to mention that in each of them, you will find diverse musical styles, people and, most important: stories!

You can find different spots for making good friends and applying all the skills you have learned during your classes! Beer is a very popular item in Ireland's culture, as many litres are consumed daily, so all the pubs are city attractions.

Each pub has its characteristics, and you can find the best one that suits your taste. In the market, you can buy beer or any other type of alcohol if you are over 18, but you are not allowed to consume it on the street. Even though it is an essential item in the Irish culture, you can get fined if caught drinking on the street.

Alternatively, you can enjoy going to a pub or having a get-together at home with friends, the so-called after party.

Dublin is a lively city frequented by many young people, with job opportunities and is very well located within the European map, and has become a destination covered by students worldwide.



## TRANSPORT

There are many choices for using public transport in Dublin. You will pay according to the number of stops you go to, and also you have an excellent alternative to make quick trips as the city offers train services, buses and an easy way to the airport so you can enjoy a short getaway trip.

The buses in Ireland have an exclusive lane on the roads, which helps to escape the peak times of the city. All the public transport is spacious and clean, and the large windows allow you to observe the landscape while travelling, making it a much more enjoyable trip.

If you choose to live away from the city centre or make a weekend trip to the coast of Ireland, you can count on the DART (Dublin Area Rapid Transit System), which serves the coastline and the city of Dublin. It is an electrified commuter rail railway network with affordable pricing.

To help you discover Dublin itself, you might try the Luas, which is a public transport tram system that operates only in Dublin.

If you enjoy riding a bicycle, you can use the Dublin bikes. It is a public bicycle rental scheme that has operated in Dublin since 2009. To use the Dublin Bikes, you must register for a card to use the service, and the first 30 minutes are free.

Electric bikes are another great choice if you enjoy riding. In Dublin, you will find electric bikes at affordable prices, such as Easy Motion and ListNride.





## ABOUT CORK

# ENTERTAINMENT

Ireland's second city is first in every important respect – at least according to the locals, who cheerfully refer to it as the “loveliest place in the world”. It's a liberal, youthful, cosmopolitan place with friendly people and a pleasant atmosphere.

Cork County allows you to experience a range of activities, from kissing the world-famous Blarney Stone in Blarney Castle to ringing the Shandon Bells in St. Anne's Church. But, if you want to relax, spend the day in one of the artisan coffee bars on every corner or in snug pubs that offer beers for all tastes. Not to mention that you will find a myriad of music and people. An excellent setting for making good friends and practising your English!

The city offers ten universities, including a music conservatory, technology institute, art and design, and maritime college, so students have many choices. Cork has a large student population, and the students can study in a large school and still interact with all city can offer!



# TRANSPORT

Cork City has a modern bus system that allows you to reach all of the city, and most of them have the same characteristics as Dublin buses, with large windows and a great space. All bus services to County Cork operate from the central bus station, a 5-minute walk from the city centre. There is also an excellent rail service which is an ideal way of exploring the city's rich and historical hinterland.

You can also use the bikes in Cork. The TFI Bikes makes getting around and across the city easy; whether you are a student or an office worker, TFI Bikes is the best way to cross the city. The first thirty minutes are free, and after that, you can rent at affordable prices. Please find out more about it at [www.bikeshare.ie](http://www.bikeshare.ie).



# GETTING AROUND CORK



# SEE YOU IN IRELAND!

## Dublin Main Building

International College of Technology (ICOT)  
28 Westmoreland Street, Dublin 2, D02 EY73  
Phone: +353 1 671 8450  
Email: [info@icot.ie](mailto:info@icot.ie)

## Capel Street Building

International College of Technology (ICOT)  
88 Capel Street, Dublin 1, D01 AX20  
Phone: +353 1 679 8797  
Email: [info@icot.ie](mailto:info@icot.ie)

## Mount Street Upper Campus

14 Mount Street Upper  
Dublin 2, D02 EY24  
Email: [info@icot.ie](mailto:info@icot.ie)  
Phone: +353 01 5158136

## ICOT Dublin Marketing Office

13 Westmoreland Street  
Dublin 2, D02 H048  
Phone: +353 1 5483130  
Email: [info@icot.ie](mailto:info@icot.ie)

## Cork Main Building

International College of Technology (ICOT)  
The Arch, 11 Drinan Street, Cork  
Phone: +353 21 457 0263  
Email: [infocork@icot.ie](mailto:infocork@icot.ie)

## Cork, Mary Street Building

International College of Technology (ICOT)  
36 Mary Street, Cork  
Phone: +353 21 457 0263  
Email: [infocork@icot.ie](mailto:infocork@icot.ie)



# The ICOT Student Portal

## Your All-in-One Student Portal

At ICOT College, we are committed to enhancing the student experience through innovation and efficiency.

The ICOT Student Portal is a comprehensive online platform designed to streamline academic and administrative processes, providing students with easy access to essential services.

### Key Features of the ICOT Student Portal:

**Attendance Tracking:** Monitor your class attendance in real time.

**Holiday Requests:** Submit and manage leave requests with ease.

**Assessment & Grade Tracking:** View upcoming assessments and academic results.

**Return-to-Class Requests:** Request reinstatement after an absence.

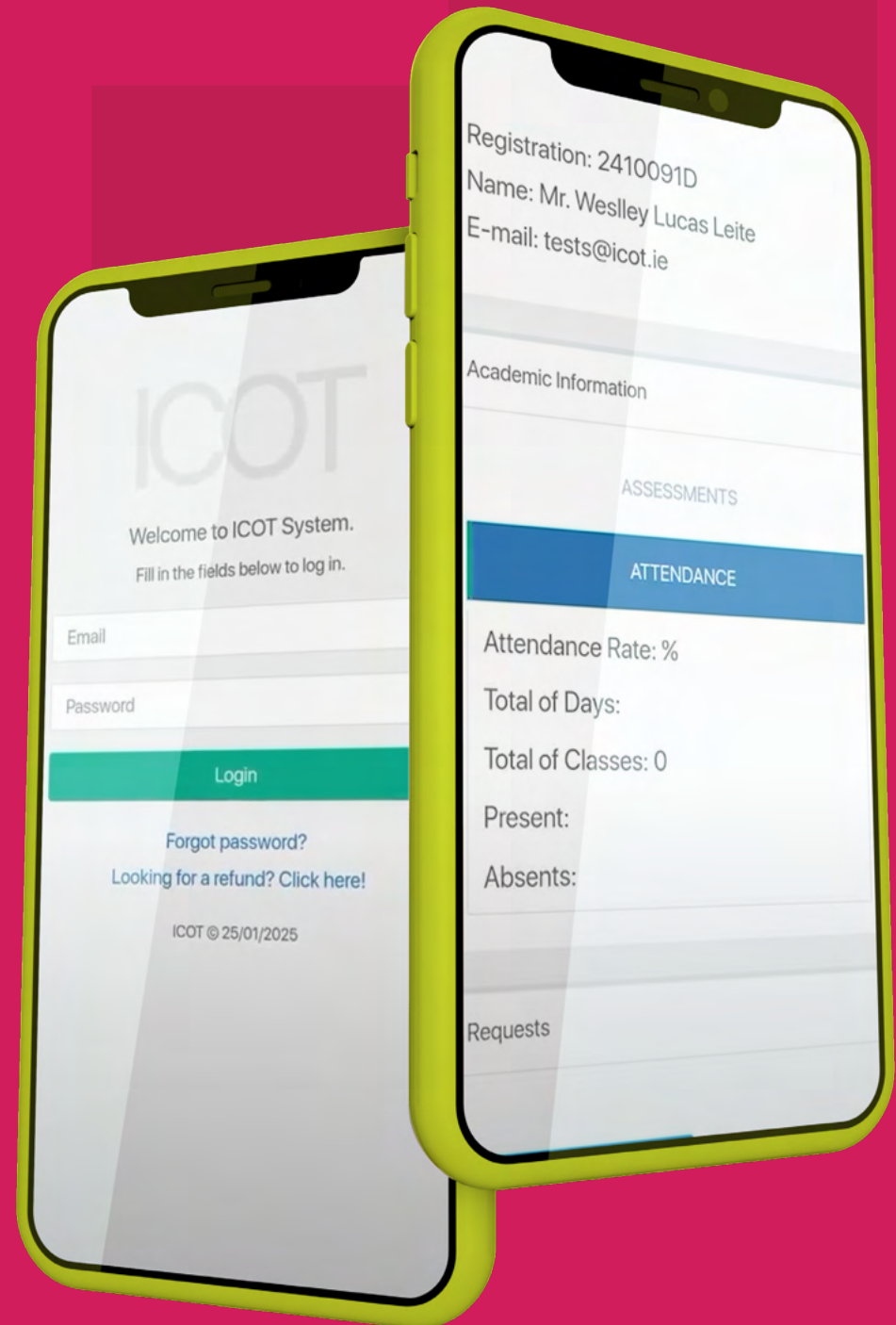
**Student Information Management:** Keep your personal details updated.

### Getting Started:

- 1• Go through the ICOT website [icot.ie](http://icot.ie)
- 2• Click on the "Student Portal" on the top of the site.
- 3• In the login area the student needs to click on "Forgot Password".
- 4• In "Forgot Password", they need to provide a "Student ID" and the email they inform us on the application form. If the email and student ID are correct they will receive one email to create a password.
- 5• Through the email they just need to click on the link and create their own Password.
- 6• After that the student is able to access the student portal with their email and password. Once your account is activated, you can navigate the system effortlessly.

The ICOT Student Portal ensures a seamless and transparent academic journey, empowering students to manage their studies with confidence.

Should you require any assistance, our support team is readily available to guide you.





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